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Yoga Community & Anne O'Brien

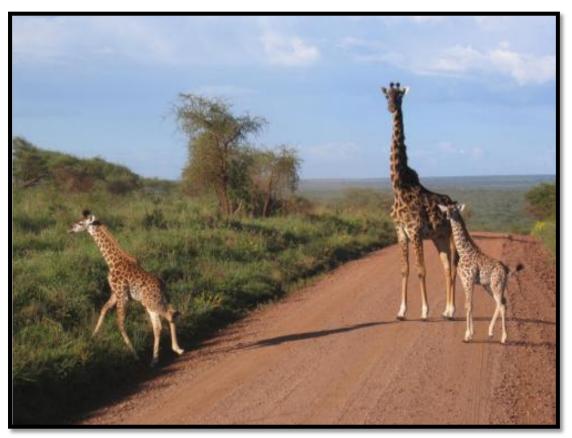
INVITE YOU TO JOIN A

'Yoga Community on the Road' SAFARI TO

Tanzania

March 9-20, 2013

With an Optional 4-Day Post-Safari Yoga Beach Retreat to **Zanzibar**



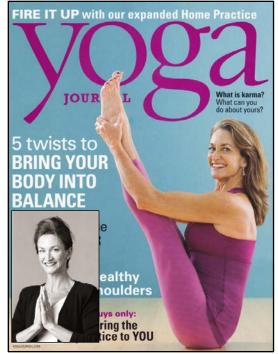


TOUR LEADER

Anne O'Brien has been teaching yoga for nearly 20 years in locales familiar and exotic. She teaches all levels of yoga practitioner from beginners to experienced teachers offering group classes, private lessons, therapeutic work, intensives, workshops, retreats, and yoga teacher training courses. Her instruction offers a blend of precise technique, creative innovation and a dose of humor. Classes are a rich, physically challenging experience that emphasize alignment, cultivate a focus on the breath and conscious awareness, encourage individual modifications, and offer nuggets of yoga philosophy. The practice encourages a full being spiritually uplifting experience.

Anne is a Registered Yoga Teacher with the Yoga Alliance, is the yoga consultant to The North Face, an internationally recognized leader in performance apparel, and is a member of the Nava Yoga think/practice tank composed of senior yoga teachers and academics from across North America engaged in deep inquiry into the practice of modern yoga. Anne has trained yoga teachers since 1999 throughout California and Mexico and teaches at yoga events nationwide offered by the *Yoga Journal*, Wanderlust Festival, the Omega Institute, and other organizations.

Anne edited the book, *Iyengar, The Yoga Master* honoring BKS Iyengar's 70 years of teaching. She is currently at work on her first book detailing the overlooked contributions of Western Yoginis to the



practice of modern yoga. She has been interviewed about yoga by NBC television, Los Angeles Times, Wall Street Journal, New York Times, regional public radio, Bloomberg radio, Elle Magazine, Yoga Journal, Organic Spa Magazine, Univision.com and other media. She has been featured in *Yogi Times* magazine, the *Sonoma Sun* newspaper, the documentary film *YogaWoman* and was recently featured on the cover of *Yoga Journal* magazine (*March 2012*).

A native Californian, she loves to combine her love of yoga with travel. She lived abroad for a decade in Italy, England, and Turkey and has studied with renowned yoga masters in India and London. She has led many international yoga trips combining yoga and unique cultural experiences. She holds a BA from UCLA, an MA from Dominican University, has dual US/EU citizenship, and speaks English, Italian, Turkish, and Spanish.

YOGA CLASSES

Yoga is a system movement, breath and mindfulness designed to bring health and well being to body, mind, and spirit. Tour participants will be invited to join Anne in one Yoga class per day, typically to start the day or after travel.

Travelers can expect skillfully sequenced classes that include flowing moves and held postures while linking the breath to each movement. Classes will be different each session and structured to accommodate and compliment the activities of each day. All levels of experience are welcome and individual modifications will be explored and encouraged. No shoes required, but do bring a yoga mat!

UJUZI AFRICAN TRAVEL

ujuzi noun

1. experience, expertise; knowledge, intelligence; comprehension

Ujuzi African Travel brings you wildlife, cultural, and service tourism in East Africa. No zoo can compare to the savanna and bush, where exotic animals run wild in their natural surroundings hunting, mating, and playing. And there is nobody like the people of East Africa. Marvel at their resilience, culture, and way of life. You will gain a new perspective as you interact and engage with people in local communities and develop a new appreciation for the little things in life. This experience will change your life.



'Yoga Community on the Road" SAFARI

Tanzania

March 2013

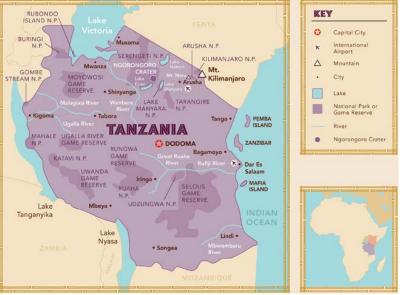
Major Destinations:

Lake Manyara National Park Ngorongoro Crater & Conservation Area Serengeti National Park Lake Eyasi Tarangire National Park

Day 1 ~ March 9th: Depart U.S.A.

Depart the USA on your international flight to Mt. Kilimanjaro International Airport, Tanzania

Day 2 ~ March 10th: Arrive Tanzania



This afternoon you will arrive Mt. Kilimanjaro Airport (JRO). After clearing customs and immigration procedures you will be met in the arrivals lounge by your local host. Please look for a signboard with the group name. After introductions you will be transferred to your hotel and assisted with check-in. The afternoon will be spent at your leisure.

Overnight <u>Kibo Palace Hotel</u> – Dinner



Kibo Palace Hotel

Named after the highest peak of Africa's highest mountain - Mt. Kilimanjaro, Kibo Palace Hotel is one of Arusha's most exciting and innovative luxury hotels - contemporary, conductive and unconventional, a luxury hotel with a new attitude. Located in the heart of Arusha, gateway to the world's most renowned game parks, it is a 45-minute drive from Kilimanjaro International Airport and a 15-minute walk from the city center.

Kibo contains 77 tastefully designed guest rooms and suites all equipped with modern amenities to make your stay comfortable. There is an outdoor swimming pool set in landscaped gardens, a health and fitness center with state of the art equipment, sauna, steam bath and massage parlor. Internet and email are available at the business office as well as wireless internet services in each room, foreign exchange services, a beauty shop and gemstone boutique make up the facilities available.

Day 3 ~ March 11th: ~ Lake Manyara National Park & Ngorongoro Crater

After a morning yoga class followed by breakfast, travel to Lake Manyara National Park for game viewing and a picnic lunch in the Park. While small in size, Manyara is important from an ecological standpoint as



it contains five different eco-systems within its boundary. It is also famous for its tree-climbing lion which hopefully you will be able to witness. In the afternoon continue on to Ngorongoro Crater rim for your dinner and overnight.





Ngorongoro Sopa Lodge

Ngorongoro Sopa Lodge is situated on the crater rim, with excellent views. The lodge feels small with clever positioning of its 92 suites. The views from the lodge and the pool, together with its excellent position for visiting the crater, make this lodge an excellent place to stay. It is also unique in its positioning on the eastern side of the crater, offering spectacular views of the sun setting over its western rim. Opened in 1992, and recently completely refurbished, the lodge can accommodate 190 guests in 92 suites, each enjoying wall-to-wall carpeting, central heating, a private lounge with a mini bar, a bedroom with two queen size beds and ample room for a third, an en-suite bathroom with shaver sockets and a hair dryer, and a private solarium which offers stunning views either down into the crater floor below or of the setting sun over the western horizon. A swimming pool is situated on the very edge of the crater itself and the water is bracing, even invigorating to say the least, at any time of year. However, for those who would prefer the warmth of a shower or bath in their suite, the pool is a perfect area to unwind and relax while enjoying the views of the crater floor below or of the sunsets in the evenings.

LAKE MANYARA NATIONAL PARK:

Lake Manyara National Park Biosphere Reserve (80,300 acres) sanctuary extends from the northern and western parts of Lake Manyara to the top of the western rift valley wall, and is 75 miles southwest of Arusha. Verreauz's eagles, vultures, storks, swifts and swallows wing by lodging atop the spectacular cliffs overlooking the lake. Springs in the park's northern end support a dense groundwater forest of giant figs and mahogany, which shelters blue monkeys, baboon, bush buck, common water buck, elephant, and silvery-cheeked horn bill. South of the forest, buffalo, wildebeest, impala, giraffe, zebra, lion and gray backed fiscal-shrike frequent the acacia woodland and open grassland. Streams attract python, Nile monitor lizard and mountain wagtail. Lake Manyara at 3,150 feet varies in salinity levels with wetter and drier climate cycles. At times it is replete with flamingo, pelican, stork and cormorant. The hippo pool, where visitors may get out of their vehicles, is located on a freshwater stream that enters the lake at its northern tip.

Day 4 ~ March 12th: Ngorongoro Crater/Conservation Area

After an early morning yoga class and breakfast enjoying views of the volcanic caldera, you will descend into the World Heritage Site Ngorongoro Crater for several hours of game viewing. This sunken caldera contains the largest concentration of wildlife to be found on the African Continent – over 20,000 at all times. It is also one of the few remaining places where you might be able to witness the endangered black rhino in its natural habitat. Indigenous to this area only is the very handsome black mane lion. A picnic lunch will be enjoyed at mid-day in the Crater and in the afternoon you will depart for your lodge for tonight, located in the Ndutu section of the Ngorongoro Conservation Area.



Overnight Ndutu Safari Lodge – breakfast, lunch and dinner



Ndutu Safari Lodge

Ndutu Safari Lodge still has the informal, intimate feeling of the original bush camp, built by legendary hunter George Dove in the 60's. Now, comfortable cottages have replaced tents, but our main buildings place no barriers between you and nature. Ndutu Safari Lodge consists of 34 stone cottages that extend from the central, open-sided bar, lounge and dining room. Each room has its own verandah that overlooks Lake Ndutu. All rooms have en-suite facilities. The cottages are made from local materials and offer comfortable, tasteful accommodation. Four rooms have a king-size bed; there are also four family rooms, which can accommodate up to four people. All other rooms have 2 single beds. All the rooms are single story and are accessible with a wheel chair.

Day 5/6 ~ March 13/14th: Northern NGO Conservation Area/Southern Serengeti National Park

You will spend the next two days game viewing in the Northern Ngorongoro Area and Southern Serengeti National Park. This area of East Africa's savannah plains has attracted humans for millennia. The whole area is now colloquially known as the short grass plains and is the preferred habitat of hundreds of thousands (perhaps more than a million) of wildebeest. They feel safest here, choosing this location year after year to give birth to their young. The wildebeest migration should be peaking at the time of your visit and you will see plenty of calves and their predators. A yoga class will be offered either early morning or late afternoon. Also, enjoy an optional hot air balloon safari, allowing you to enjoy the wildlife and animals from a unique perspective.

Overnight Ndutu Safari Lodge – breakfast, lunch and dinner

SERENGETI NATIONAL PARK:

The world famous Serengeti National Park (the largest in Tanzania) occupies about 14,763 sq. kilometers. The name Serengeti means endless plains and is derived from the Maasai word siringiti. The park lies in a high plateau between the Ngorongoro highlands and the Kenya/Tanzanian border, extending almost to Lake Victoria. It encompasses the main part of the Serengeti ecosystem. The most famous features of the Serengeti are the spectacular concentration of animals found nowhere else in the world, as well as the annual wildebeest migration. This spectacle sees more than one million wildebeest, 200,000 zebras and 300,000 Thomson's gazelles trek to new grazing grounds. The brief population explosion of wildebeest produces over 8,000 calves a day before the migration begins. As in all ecosystems the vegetation and types of animals you find are closely correlated. The principal features of the park are the short and long grass open plains in the southeast, the acacia savannah in the central area, the hilly, more densely wooded northern section, and the extensive woodland and black clay plains, dominated by the central ranges of mountains in the western corridor.

SERENGETI BALLOON SAFARI

The evening before your hot air balloon safari a representative will meet with you to brief you on the safari and have you complete some paperwork. The next morning you will awaken to coffee and tea set



out by the lodge prior to your early departure. A Land Rover will transfer you to the launch site where you will meet your pilot, receive a briefing and watch the inflation of the balloon. At dawn you and balloon will take off, rising as the sun rises and float in whichever direction the winds of the morning take you. Your pilot can precisely control the altitude of your balloon – sometimes flying at treetop height, sometime lower, offering a unique perspective and great photographic opportunities of the wildlife below. At other times the pilot will ascend to 1000' or more to see the enormity and wonderful panorama of the Serengeti. As the balloon lands enjoy a champagne toast to your majestic ride. Then proceed to your table under the shade of a classic umbrella tree on the Serengeti Plains, where you will enjoy a traditional English breakfast.



Day 7/8 ~ March 15/16th: Lake Eyasi

After breakfast on Day 7, you will game drive out of the Ndutu area, returning toward the crater. Along the way you will visit Oldupai Gorge and a Maasai Boma. Enjoy a traditional African lunch in Karatu before driving to Lake Eyasi. Arrive in time for a Yoga class, dinner and your overnight.

On Day 8 you will take a breakfast box with you and join the Hadzabe on a hunting or gathering walk in the early morning. Small groups of Hadzabe people live around Lake Eyasi. Their language resembles the click languages of southern Africa. You will also visit with the Ndatoga people, a herding tribe. Your tour will show you the village blacksmith and houses where they live. Return to the lodge for lunch and enjoy the rest of your afternoon at your leisure. A yoga class will be offered.

Overnight <u>Kisima Ngeda</u> – breakfast, lunch and dinner



Kisima Ngeda

Kisima Ngeda Tented Camp is situated on the shores of Lake Eyasi, with sweeping views toward the Rift. Across this seasonal soda lake, the Alipi escarpment wall rises 2,000 feet up into the Ngorongoro Conservation Area providing a stunning backdrop. The camp is beautifully set in a Llala palm and acacia forest and is part of 200-acre family-owned farm with a natural spring nearby which feeds into the lake. Each of the seven tents is built on a permanent wooden platform with palm-thatched roof, a



hand-carved bed, and an enclosed bathroom and shower. The tents are carefully created to be lowimpact, spacious, and comfortable, with a stunning view of the lake.

LAKE EYASI:

The lake is a mildly alkaline lake stretching for about 30 miles to the southwest. To the northeast the horizon is dominated by the Crater Highlands and to the north, beyond an escarpment, the plains of the Serengeti. Over 100 years ago when the stronger Maasai tribes moved into the Ngorongoro and Serengeti, the Datoga and other indigenous Bushmen living there were pushed south. Many made Lake Eyasi and its surrounding bush and forest their home. Among the acacia and doom palm forests at the northeast end of the lake, is the Kisima Ngeda farm. It owes its survival to fresh water spring in the area that allows grass and vegetables to grow. The springs also sustain a small reservoir used as a tilapia fish farm. The farm is owned by a German family whose main source of income is fresh milk produced from the cows they keep and sell in local villages. The meadows along the shores of the lake and the forests are home to wildlife including leopard, hippo, and a variety of monkeys, various birds, greater and lesser flamingos, storks and pelicans.

Small groups of Hadzabe Bushmen live around Lake Eyasi. Their language resembles the click languages of other Bushmen further south in the Kalahari. Their small population was seriously threatened, in particular during the period when Julius Nyere tried to introduce his Ujuma policy. The tribe resisted the forcible settlement policies of Julius Nyere and now most of their children have never seen a doctor or school. The bush provides for all their needs and is a classroom for their offspring. They are often willing for visitors to come and see their simple bush homes where the tree canopy alone or a cave provides them with shelter. They live entirely off the bush and from bow hunting, generally small antelopes and baboons; although in rainy seasons gazelles and antelopes come down from the Ngorongoro or Serengeti to their lush bush lands offering them richer pickings. The string on their lethal bows is made from giraffe tendons and the arrows are coated with a strong poison made from another tree. The commiphora tree provides excellent firewood which they kindle by rubbing wood; a green commiphora provides a mosquito-repelling sap; juice squeezed out of the sansaveria provides a cure for snake bites, while aloe is used to heal cuts. Roots provide a wide range of medicines and the mighty baobab fruits are a source of drink. A few hours spent with the Bushmen makes the apparently inhospitable bush country come to life and to watch them hunt is a unique experience as they stealthily spot and then creep up on their prey skillfully killing it.



Day 9/10 ~ March 17/18th: Tarangire National Park

After breakfast, depart for Tarangire National Park. Once you reach the entrance gate at the Park, you have the opportunity to exit the vehicle and perhaps visit the viewing platform, which offers views of the entire area. When paperwork is completed, the top of the vehicle will be raised and the game viewing begins. The day will finish off with another afternoon game drive before continuing out the opposite gate and your lodge for the night. Upon arrival to the lodge, enjoy a yoga class. On Day 10 your yoga class will be arranged midday. Also, an optional guided morning nature walk and night game drive, offered by your lodge, can be arranged.



Overnight <u>Kikoti Tented Camp</u> – breakfast, lunch and dinner



Kikoti Tented Camp – Tarangire National Park

On a ridge overlooking Tarangire National Park, seasonal home to one of the densest concentrations of wildlife in Africa, Kikoti is a haven fit for the most discerning travelers. From Kikoti visitors have exclusive access to 35,000 acres of rolling, raw wilderness. You can explore the lush wetlands of the park from here safe in the knowledge that every possible step has been taken to ensure your comfort and repose at Kikoti Safari Camp. Years of experience and thought have gone into the design and construction of this environmentally friendly location. With only 10 tents you are guaranteed to enjoy a level of intimacy with the environment denied to all but the most selective traveler. Built under the cooling shade of a grass roof, and enjoying a private veranda looking out over the Great Rift Valley, these en suite tents offer the greatest comfort in the greatest proximity to nature.



TARANGIRE NATIONAL PARK:

Tarangire National Park is the most southern of the accessible parks of Northern Tanzania. Named after River Tarangire, the park covers an area of 1600 sq. miles. Much of the park is open grassy savannah, dotted with splendid Baobab trees, but there are also areas of swamp in the south. The park is spectacular in the dry season when many of the migratory wildlife species return to the permanent waters of the river. With the onset of the rains they migrate again for better pastures. This annual phenomenon takes place from June to September. Tarangire possesses the second-highest concentration of wildlife during the dry season. It is one of the few protected areas in Tanzania that ensures a year round water source for the park's most exceptional resource - the Tarangire River. The park is known for its river valley, wetlands, gently rolling hills, rocky out crops, acacia woodlands, and baobab trees. It is the only national park in Tanzania's northern section where one can view a large concentration of elephants all year round.

Day 11 ~ March 19th: Depart for U.S.A or Zanzibar Extension



After an early morning yoga class and breakfast, game drive out of the park and return to Arusha for lunch. You will then either continue on to Zanzibar or shop in town prior to being transferred to Kia Lodge for a day room to relax, repack, and shower. Transfer to Kilimanjaro International Airport for your departure.

Day 12 ~ March 20th: Return to U.S.A.



COST

Land-Cost:	\$5,295 per person, based on double occupancy \$650, single room supplement
Optional Activities:	\$499 – Hot Air Balloon Safari (Day 8/9) \$35 – Guided nature walk at Kikoti (Day 9/10) \$60 – Night game drive at Kikoti (Day 9/10)

INCLUSIONS

- All yoga classes
- Airport transfers
- Meet and Greet upon arrival
- Professional, experienced drivers guides who are knowledgeable in all aspects of a Tanzanian safaris
- Comfortable, modern, 4x4 vehicles, customized for maximum viewing with open roof hatches. Window seat guaranteed. Toyota Land Cruisers, or comparable vehicles can be expected
- Superior accommodations throughout as indicated or similar
- All meals while in Tanzania
- All wildlife viewing in Tanzania, including cultural visits, and guides associated with these activities
- All park/conservation fees and taxes associated with these
- Refreshments during game drives in the vehicles
- Bottled water in vehicles **ONLY**
- Welcome packet, mailed prior to departure

EXCLUSIONS

- Round trip international air transportation between U.S.A. and Tanzania***
- U.S. and foreign airport taxes
- Passport and visa fees and service charges for obtaining visas
- Excess baggage charges levied by airlines
- Meals and beverages, other than specified
- Drinks or bar drinks in lodges and related tips (bottled water supplied in rooms)
- Extra services provided by the lodges (laundry, internet access, etc.)
- Personal and baggage insurance
- Cost for anything not specifically mentioned in the inclusions
- Tips for guide, baggage handling, meals, etc.



ZANZIBAR EXTENSION

Day 11 ~ **March 19th:** Fly from Arusha to Zanzibar. In the afternoon, tour Stone Town, Zanzibar's old quarter. Stone Town is a fascinating maze of narrow streets and alleyways which lead you past numerous old houses and mosques, ornate palaces, shops and bazaars, and the slave quarters next to the Anglican Church. Arrive to the east coast of Zanzibar for a yoga class, dinner and overnight at <u>Shooting Star</u>.



Shooting Star Lodge

Shooting Star is a boutique resort located on the eastern beaches of Zanzibar. It is one of the most romantic, intimate and effortlessly stylish options, and benefits from a small but lovely 'infinity pool', the absence of nearby resorts to spoil views or the silence, and one of Zanzibar's best restaurants.

Day 12 & 13 ~ **March 20**th/**21**st: Full day at the beach with yoga class. Activities available ala carte. Meals and overnight at Shooting Star.

Day 14 ~ **March 22nd:** After breakfast, a yoga class and time on the beach, enjoy your final lunch at the lodge. Depart and undertake a spice tour. Over the centuries spices such as cloves, nutmeg, cinnamon, pepper, and many other spices that made Zanzibar an international trading center. The tour also includes a visit to the Kidichi Persian Baths, built in 1832 and the Maruhubi Palace ruins. After the tour, fly to Dar es Salaam to catch your return flight out.**

Day 15 ~ March 23rd: Return to U.S.A.

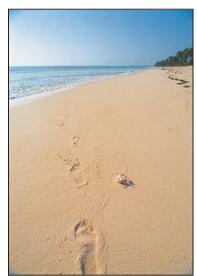
ZANZIBAR

Your time spent here is at your leisure, relaxed, and enjoying this magnificent island. Zanzibar is an unusual mix of Africa, conservative Muslim and coastal glamour. The most interesting part of Zanzibar

Town, on the western side of the island, is Stone Town. Its name may be unimaginative, but Stone Town is an enticing place to wander away a languid afternoon. Meander through the narrow alleyways and let your jaw drop at the town's unique architecture that fuses Arabic, Indian, European and African influences.

For amazing wildlife snooping, Jozani Forest is home to rare red Colobus monkeys, Sykes monkeys, bushbabies, Ader's duikers, hyraxes and more species of butterflies and birds than you can point your camera at. The forest is about 22miles southeast of Zanzibar Town, and can easily be reached by bus or chartered taxi.

There are a number of offshore islands to hop between, many of which were historically used to detain recalcitrant slaves. Changuu is known for its giant tortoise and other islands have interesting ruins to explore. Just offshore from Zanzibar Town are several tiny islets, many ringed by fetching coral reefs. Few venture to the Zanzibar Archipelago without whetting their appetite for seeing





pristine coral reefs up close. Diving and snorkeling around Zanzibar, Chumbwe and the smaller islands are among the best in the world.

For those still feeling dust-clogged after their safari, languishing on one of the many beaches for a few days is a fine antidote. When your olfactory senses tire of all things fishy, take a spice tour to bamboozle the senses. The island still produces cloves, black pepper, cardamom, cinnamon, nutmeg, breadfruit, jackfruit, vanilla and lemongrass.

Cost: \$1,695, per person, based on double occupancy.

Single Supplement: \$350, per person

Inclusions: All yoga classes, tour guide, meals, accommodations, flight from Arusha to Zanzibar, flight from Zanzibar to Dar es Salaam^{**}, and transportation on Zanzibar.

Exclusions: Round trip air transportation between the United States/Europe and Tanzania, airport taxes, passport/visa fees, meals and beverages, other than those specified, alcohol and related tips, incidentals (laundry, etc.), personal and baggage insurance, and tips.

**If booking the Zanzibar extension, your international round trip ticket should include a return flight, departing from Dar es Salaam.



TERMS AND CONDITIONS OF TRAVEL

HOW TO BOOK: Fill out the reservation form and send it to Ujuzi African Travel, 4150 N. Farwell St., Shorewood, WI 53211, together with a deposit of \$1,000 per person for the main safari package and \$500 for the Zanzibar extension. On receipt of your signed reservation form and deposit, we (Ujuzi African Travel, LLC or "UAT") will, subject to availability, reserve your place on a tour/safari/trek. When we send your confirmation invoice, your booking is confirmed and you have a contract with us. Final payment is due no later than 90 days prior to departure. Final documents will be sent to you approximately four to five weeks prior to departure. (Please initial)

AIR TRANSPORTATION:

<u>International</u>. All of Ujuzi African Travel's Tanzania Tour Packages start from Arusha, Tanzania. UAT offers a service to book airline tickets for its clients for international flights – see the RESERVATION FORM – as well as from any destination from Tanzania or East Africa. UAT will book your international flight from the U.S.A. to Arusha Tanzania. The payment for these flights will be arranged separately from the tour booking. Payment for your airfare will be required by check. (Please initial)

<u>Departure Taxes</u>. NOTICE - the amount of departure tax required to be paid with your airfare is subject to change without advance notice, at the discretion of governments and airlines. Should such a change occur, you will be invoiced prior to departure for any additional taxes imposed. <u>Departure tax and air fees are non-refundable</u>. (Please initial)

<u>Baggage</u>: International flights from the US allow two pieces of checked luggage, each not exceeding 50 lbs. <u>However we recommend you travel as light as</u> <u>you can manage, and preferably bring one bag.</u> Additionally, if you are reserving the Zanzibar Extension the weight limit for checked and carry-on baggage is 45 lbs. total. Also, the size and the structure of the bag are limited. Soft duffel bags are ideal. Large suitcases are virtually impossible to stow on smaller aircraft and vehicles and should not be used. Consider bringing a small backpack as one of your carry-ons, shared between two people. A backpack will be convenient when seeing the wildlife, and on our walks and boat rides. Travel insurance covers delayed or lost baggage.

SUPPLIERS OF SERVICES: Unless the term "guaranteed" is specifically stated in writing on your ticket, invoice, or reservation itinerary, Ujuzi African Travel does not guarantee any airline's or other supplier's rates, bookings, reservations, connections, scheduling, or handling of baggage or other personal effects. We have researched and typically have experience with the suppliers we recommend. You acknowledge, however, that the ticket issued to you by the airline or other supplier constitutes the sole contract between you and the supplier. UAT acts only as an intermediary between you and the suppliers. ______ (Please initial)

REPLACEMENTS: We reserve the right to make small modifications to your tour which will not change your payment obligations. For example, if one of the guides reserved for your tour/safari/trek is unexpectedly unable to take your group, we will substitute with another guide; or we may have to replace a transportation supplier for a leg of your tour; on rare occasions, we may have to replace the lodging listed in your itinerary to different but equivalent lodging. (Please initial)

DELAYS: If an airline delay or any other reason causes you to miss the start or your safari, we are not liable for your missing the next or any leg of your tour, nor are we liable for any additional costs incurred as a result of the delay. ______ (Please initial)

ACCOMODATIONS: You will marvel at the wonderful accommodations provided throughout your tour. All rooms have private facilities. All rates are based on double occupancy, that is, two people sharing a room. Most rooms are twin-bedded. Single occupancy rooms, if available, will be assigned on a first-come-first-served basis <u>at additional cost</u> (see reservation form for the cost). With single occupancy you may gain privacy, but, typically, not additional amenities. On occasion, in smaller lodges and camps, you may be required to share lodging with another member of your tour group if single rooms are not available. For passengers who are travelling alone and wish to share a room with another tour member, we will do our best to provide a roommate. However, if this is not possible, you will be required to pay the single occupancy supplement prior to your departure from the U.S.A. The accommodations listed in your itinerary are current as of December, 2011. (Please initial)

MEALS: No meals are provided by UAT on your travel to Arusha, Tanzania or on your return travel to the U.S.A. (Such meals, however, may be provided by your airline). Meals are provided with your safari package.

WILDLIFE VIEWING: All wildlife viewing in Tanzania is by 4x4 open-air vehicles, driven by a local driver. You and all in your group will be able to sit in a window seat. **NO SMOKING WILL BE ALLOWED IN VEHICLES.**

TOUR INFORMATION: Upon receipt of your completed reservation application, instructions and information will be sent to you concerning almost all aspects of your trip, including an itinerary, photographic equipment, documents, clothing, insurance, etc.

RATES: All rates quoted are based on tariffs in effect and the value of foreign currencies in relation to the U.S. dollar as of January 2012 and are subject to change. All charges and fees are quoted in U.S. dollars. Tour pricing and rates will be re-quoted as we receive new information. (Please initial)

TIPS AND TAXES: Service charges and taxes imposed by hotels, lodges and tented camps; entrance fees; are all <u>included</u> in the price of your tour package <u>in Tanzania</u>. Tips for your driver guide, accommodation baggage handling, meals and beverages, and transport are not included in the main package and extension. You are welcome to make an additional tip to any supplier at your discretion. Gratuities for alcohol and incidentals, such as laundry are not included. ______ (Please initial)

NOT INCLUDED: The cost of passport and visa fees, and service charges for obtaining visa fees; excess baggage charges levied by airlines; the cost of meals not provided or arranged by UAT as specified above; the cost of alcoholic beverages; the cost of laundry and other items of a personal nature; tour, baggage or personal property insurance coverage; gratuities; and anything not specifically listed as included in this Agreement is not included in your tour price. U.S.A. and foreign airport taxes are not included in your UAT tour price and will be billed prior to your departure from the U.S.A. [Please initial]

INVOICING: UAT will send you a confirmation invoice within approximately two to four weeks of receipt of your completed reservation application. Payment of the balance due for your tour must be received by UAT no later than 90 days prior to the scheduled date for your U.S.A. departure. (Please initial)



FINAL DOCUMENTS: Final documents and tickets will be sent to you approximately four to five weeks prior to your U.S.A. departure. We regret to advise that no documents will be released if final payment from you has not been received by UAT.

PAYMENT SCHEDULE: The deposit of \$1,000 per person for the main safari package and \$500 for the extension must be submitted with each application. Deposits may be paid by check, cash, or money order. Final payment may be made by check or money order only and is due no later than 90 days prior to your scheduled U.S.A. departure. (Please initial)

CANCELLATIONS: Cancellations are effective only upon UAT's receipt of written notice. The following per person cancellation policies apply to your tour:

- If we receive your written notice more than 90 days prior to your scheduled U.S.A. departure date, we will refund the total of your deposits and payments less a \$200 per person handling fee. ______ (Please initial) There will be no refunds for cancellations made 90 days or less before departure, including cancellations due to actual or threatened terrorist
- events. There will be no refund due to fear of travel from actual or threatened terrorist events. _____ (Please initial)

(Your international flight airline may charge an additional cancellation fee.)

CHANGE FEES: Once you reserve your tour, changes are possible subject to availability of air or land space at the time of request. Should there be any change fees imposed by airlines or ground operators, or additional costs incurred due to availability of any space, this cost will be invoiced to you. (Please initial)

DEVIATIONS: Should you require reservations and arrangements for tour extensions involving other destinations in Africa or Europe, we will be happy to make all the arrangements.

CHANGES TO SCHEDULES: We will use our best commercial efforts to see that schedules are adhered to, however, we reserve the right and may be obliged to occasionally change routes and camps on tours or safaris as dictated by changing conditions or members of your tour group. Such conditions may be caused by seasonal rainfall on bush tracks, airfields and in wildlife areas, by wildlife migrations from one region to another, airline or other transportation problems, or the health or behavior of one or more members of your tour group, etc. Should a change occur due to the fault of a third party (i.e. airline) that results in new and unplanned/unscheduled accommodations or transportation you will be responsible for the payment. (Please initial)

REFUNDS: UAT will use its best commercial efforts to ensure that the accommodations in your UAT-issued itinerary are available as planned. If any accommodation or excursion becomes unavailable, we will use reasonable commercial efforts to substitute a substantially equivalent alternative. You will not receive a refund as a result of a substitution or if a substantially equivalent alternative cannot be found due to circumstances beyond our control. If you are unable to use any service included in your UAT-provided itinerary, there shall be no refunds due. (Please initial)

PASSPORT AND VISAS: You are completely and fully responsible for, and hereby release Ujuzi African Travel from, any responsibility for checking, verifying and complying with any and all passport, visa, vaccination, or other entry requirements of each destination. You are responsible for checking and verifying all safety and security conditions for each destination on your tour and accepting these conditions. We will forward visa information to you upon receipt of your reservation. For information concerning possible dangers at international destinations, access the State Department's online travel advisory service at: http://travel.state.gov/travel/warnings.html. (Please initial)

HEALTH AND VACCINATIONS: We suggest you contact your personal physician or local health department for their recommendations as to inoculations/vaccinations applicable or recommended for your tour destinations. It is a sensible precaution for visitors to Africa to also take preventive pills against malaria. Water is not safe to drink throughout Africa and we advise you to drink bottled water while you are there. For medical information about travel to Africa, access the U.S. Centers for Disease Control website at www.cdc.gov/travel. (Please initial)

WILD ANIMALS: You are advised that your tour/safari/trek may involve your close contact with wild animals. Attacks by wild animals are rare, but no tour/safari/trek into the African wilderness can guarantee that this will not occur. You agree that UAT, its employees or agents, Anne Medeiros, shall not be responsible for injury or damage to property resulting from your close contact with wild animals while on your UAT-arranged tour. You acknowledge that not all camps on your tour will be fenced.

PHOTOGRAPHY: By sending us payment for your tour, you agree that UAT may, without further notice or payment to you or permission other than this Agreement, use any video or photograph taken during your tour/safari/trek by our photographers including if you appear in the photograph or image. UAT will avoid the use of any photograph or image which could be interpreted by a reasonable person as disreputable.

CONSENT: By paying the tour deposit to UAT, you consent to the terms and conditions stated in this Agreement whether you sign the reservation/booking form or not. The terms under which you agree to take your UAT tour/safari/trek shall not be changed or amended except in writing signed by an authorized director of Ujuzi African Travel. IMPORTANT - if you are reserving a UAT tour for yourself and one or more other persons, each person for whom the reservation deposit is paid will be deemed to have reviewed and consented to the terms and conditions of this Agreement. Make sure those for whom you are acting, that is, each member of your travel group, receive in advance a copy of these terms and conditions. The person making a reservation for one or more other persons, warrants that he or she has the authority to enter into a contract on behalf of the other person included in such reservation, and in the event of the failure of any or all of the other persons so included to make payment, the person making the reservation shall by his/her deposit and/or signature, assume personal liability for the total price of all reservations made by him/her. (Please initial)

INSURANCE: You are responsible for obtaining insurance to cover against death, personal injury, property damage, loss, trip cancellations, delay, theft, or other casualty. We recommend you obtain travel insurance coverage. Travel insurance is available through Ujuzi African Travel. (Please initial)

RISK: Elements of travel in Africa and of your UAT tour involve inherent risks to your person and property which may exceed risks presented by other types and locations of travel and visitor activities. You will be travelling in an area of the world which presents discomforts and dangers. You agree to be alert for these risks and to take all reasonable precautions to protect your person and property especially in airports, highly populated areas, near wildlife and in wilderness areas and parks. Also, our tours will attempt to provide you the opportunity to engage in one or more volunteer activities to contribute to the improvement of the social welfare, education, housing and/or quality of life of Tanzanians. These opportunities, for instance, may include performing volunteer work at a children's orphanage or attending a presentation at a local hospital about local healthcare. (Please initial)

Schedules, accommodations, and prices are accurate as of January 2012. They are subject to change.



RESPONSIBILITY: You agree that UAT and Anne Medeiros, and any person or agent acting for, through or on behalf of UAT shall not be responsible for any injuries, losses or damages from or related to terrorist activities, social or labor unrest, mechanical or structural integrity of air, sea, and ground transportation or accommodations, diseases, local laws, climatic conditions, acts of God, delays, changes or cancellation of travel due to weather conditions, hotel services, accidents or health related problems before or while in-transit to (e.g., an accident on the way to a tour), during, and after a tour, or any other actions, omissions, or conditions which are beyond UAT's control. ______ (Please initial)

UAT DISCRETION: UAT shall have the right at any time at its discretion to cancel any tour/safari/trek or the reminder thereof or make any alteration in route, accommodation, or other component in the event any tour/safari/trek is rendered impossible, illegal, unsafe or inadvisable due to weather, strike, war, military insurgency, government or other interference, the behavior of any member of your tour group, or natural disaster (for instance, earthquake) or any other force majeure. You will be charged any extra expenses incurred as a result of such events. UAT may, in its discretion, and without liability or cost, cancel or terminate your reservation and shall be entitled to do so in the event you become ill or engage or have engaged in illegal behavior or behavior that is unsuitable for the tour; in such circumstance, you will not be entitled to any refund. (Please initial)

ADDITIONAL TERMS:

UAT MAKES NO REPRESENTATIONS OR WARRANTIES ABOUT THE SUITABILITY FOR ANY PURPOSE OF THE INFORMATION, SERVICES AND PRODUCTS OFFERED BY UAT. ALL SUCH INFORMATION, PRODUCTS AND SERVICES ARE PROVIDED "AS IS" WITHOUT WARRANTY OF ANY KIND. UAT HEREBY DISCLAIMS ALL WARRANTIES AND CONDITIONS WITH REGARD TO THE INFORMATION, PRODUCTS AND SERVICES OFFERED HEREIN, INCLUDING ALL IMPLIED WARRANTIES AND CONDITIONS OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, TITLE AND NONINFRINGEMENT. ______ (Please initial)

THE AIRLINES, GROUND TRANSPORT, GUIDES, HOTELS, LODGES, AND OTHER SUPPLIERS WHO'S SERVICES ARE RESERVED FOR YOU BY UAT ARE INDEPENDENT CONTRACTORS AND NOT AGENTS OR EMPLOYEES OF UAT. UAT SHALL NOT BE LIABLE FOR THE ACTS OF SUCH SUPPLIERS WHETHER SUCH ACTS CONSTITUTE NEGLIGENCE, BREACH OF DUTY, BREACH OF CONTRACT, ERROR, MISREPRESENTATION OR BREACH OF WARRANTY RESULTING IN LOSS OF PROPERTY, DAMAGE, PERSONAL INJURY OR DEATH. ______ (Please initial)

IN NO EVENT SHALL UAT BE LIABLE FOR ANY DIRECT, INDIRECT, CONSEQUENTIAL, INCIDENTAL, PUNITIVE, OR SPECIAL DAMAGES RESULTING FROM OR RELATED TO ANY OF THE TRAVEL AND TOUR RELATED INFORMATION, SUPPLIERS, PRODUCTS OR SERVICES OFFERED BY UAT. ______ (Please initial)

If UAT is determined liable for any injury, loss or damage resulting from or related to any of the travel and tour related information, suppliers, products or services offered or provided by UAT, even though you agreed to the above terms, then UAT's liability shall, in any event, not exceed the total of the amounts UAT charges you for your transaction with UAT. ______ (Please initial)

UAT is a Wisconsin, U.S.A. limited liability company governed by the laws of the State of Wisconsin, U.S.A. You hereby consent to the exclusive jurisdiction and venue of the courts in Milwaukee County, Wisconsin, U.S.A., in all disputes arising out of or relating to the use of UAT's services.

We reserve the right to change or modify the terms of this Agreement, in our discretion, at any time. The terms and provisions of this Agreement current as of the date you submit your initial tour deposit shall apply.



02-2013YogaCommunity

2).

RESERVATION FORM: (PLEASE PRINT)

Enclosed is my deposit for \$_ (\$1,000) per person for 'Yoga Community on the Road' Safari, plus (\$500) per person for the place(s). Cost is \$5,295 per person, double occupancy, land only in Tanzania. The Zanzibar Zanzibar Extension to hold Extension is \$1,695 per person, double occupancy.

Final payment is due 90 days prior to start of Safari

Please make checks payable to UJUZI AFRICAN TRAVEL, LLC and mail to 4150 N. Farwell St., Shorewood, WI 53211. Please include initialed terms and conditions with reservation form, copies of passport and deposit check.

1). NAME (As appears on passport): Mr/Mrs/Ms_

2). NAME (As appears on passport): Mr/Mrs/Ms_

NICKNAME IF DIFFERENT FROM ABOVE: 1). Please submit one copy of the information page of each passport with this form.

ADDRESS:		
CITY:	STATE:	ZIP:
PHONES: HOME: ()	CELL/OFFICE: ()	FAX: ()
EMAIL ADDRESS:		
I wish to reserve the 'Yoga Hot Air Balloon Safari (\$4	Community on the Road' Safari Z 99) Guided Nature Walk (\$35)]	anzibar Extension Evening Game Drive (\$60)
I certify that I have not recently be create a hazard to myself or the oth	en treated for, nor am I aware of any physic her members of this tour.	al or other condition or liability that would
The two of us above are sharing a r	oom and, where possible, would like a room	with: ONE/TWO Beds (select one)
I am sharing with		(form sent separately)
	oommate. I understand if Anne Medeiros of agree to pay the additional single suppleme	
I desire single accommodations, if \$350 for the Zanzibar Extensio	possible and agree to pay \$650 for the 'Y n	loga Community on the Road' Safari and
Please send me a quote for trip inst	urance.	
Please make my/our round trip air	reservations from	
Please send me information on air	upgrades for: Business/First Cla	SS
Airline Seating Preference: ** We can request a seating preference on your behalf, howev and/or emergency row seats can only be requested at airport will be provided during chick-in as there might be equipment	check-in on the day of departure. Also note that even if we do	g assignments may be airport check-in only. Bulkhead
I will make my own air reservations	. (Please review itinerary with UAT prior to	purchasing.)

All rates quoted are based on tariffs and value of foreign currencies in relation to the U.S. dollar in effect as of April 17, 2012, and are subject to change. Refund of deposit is made if cancellation is received in writing up to 90 days prior to departure (December 9, 2012), less a \$200 per person handling fee. Refunds will not be made after 90 days prior to departure. Your signature below confirms you have reviewed and agree with the Terms and Conditions which accompany this Form (your contract with UAT). PLEASE REVIEW THE TERMS AND CONDITIONS PRIOR TO SIGNING.

	UJUZI AFRICAN TRAVEL 4150 N. FARWELL St., SHOREWOOD, WI 53211 anne.medeiros@ujuzitravel.com ~ (608) 444-8122
SIGNATURE(S):	DATE:
SIGNATURE(S):	DATE:

For More Information Call:
Anne Medeiros
(608) 444-8122